

## Register Your Interest

If you would like more information about the Walk in My Shoes resource pack and resource workshops please complete the form below and return via mail or fax and we will contact you with further information.

FIRST NAME: \_\_\_\_\_

SURNAME: \_\_\_\_\_

POSITION: \_\_\_\_\_

ORGANISATION: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

TELEPHONE: \_\_\_\_\_

FAX: \_\_\_\_\_

EMAIL: \_\_\_\_\_

*I would like more information on:*

Resource Pack

Workshop

*Please return via mail or fax to:*

**WALK IN MY SHOES**

**Wesley Mission Brisbane**

**Gold Coast Office**

1/59 Lawrence Drive

Nerang QLD 4211

FAX: (07) 5578 4915



**WALK IN MY SHOES**

Walk in My Shoes has been developed through Wesley Mission Brisbane by youths who have disengaged from mainstream education for a variety of reasons, including bullying. Wesley Mission Brisbane staff have supervised all stages of the program development.

For more information call:

**(07) 5503 8200**

**0439 538 930**

or go to

[www.walkinmyshoes.com.au](http://www.walkinmyshoes.com.au)



[www.wmb.org.au](http://www.wmb.org.au)



**Dealing with Bullying  
Educational Program**



**WALK IN MY SHOES**

**By young people –  
for young people**

Endorsed by bullying expert Professor Bruce Burton, of Griffith University, the Walk in My Shoes program offers an engaging and structured approach to helping students learn about bullying and how to deal with it.

The Walk in My Shoes program looks at bullying from the point of view of the bullies, victims and teachers. It carries a raw and honest message of survival and hope that speaks in a language students relate to.



*"I have been bullied, I ran away and I didn't face it. I think this program can make a difference. It can help people like me."* Jade, film-maker, 17 years old

## Professional Development Workshop

This is a 3.5 hour workshop introducing participants to the fundamental principles, skills and processes used to create and develop the Walk in my Shoes program.

### It Incorporates

- film viewing and discussion
- utilization and recommendations on using the workbook
- guided multi-modal activities as a means of debriefing.

(Workshops are recommended prior to purchasing a resource pack)

## Resource Pack

This pack informs students and teachers about the impact bullying has on individuals. The program encourages open conversation and greater personal and social understanding.

### Includes

- film DVD
- facilitators guide
- activities workbook
- PDF of workbook
- CD soundtrack.



The program has already been successfully trialed and implemented at Nerang State High School and Deputy Headmaster, Trish Berryman, is a strong advocate of Walk in My Shoes.

In a follow-up session with the school pupils Trish found students had talked about it with their peers, their parents, siblings and others. Walk in My Shoes had made a strong and positive impact.

*"What makes our program so different from the others is that it's made by young people for young people. We've been there. Most of us have suffered at the hands of bullies. We know first-hand exactly what it feels like - and we also know how to pull ourselves out of the deep, dark hole that bullying may dig."*

Sharne, film-maker, 15 years old